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Rudi Blesh (1899-1985), championed jazz during the 1940s when the genre was almost unknown to white America. (Courtesy Photo)

Scriven Arts Colony to open fourth season

GILMANTON — The Scriven Arts Colony will open its fourth season of poetry readings, film screenings, and other events in a circa 1790 barn in Gilmanton on July 1.

Season four at the colony will feature five events and also a free yoga class every Saturday morning in July and August at 10:30 a.m.

The classes will be taught by Gilmanton resident Jade Badger, who recently completed a 200-hour yoga teacher training at the Boston's vaunted YogaWorks studio and is a registered teacher with the Yoga Alliance.

Badger's classes integrate Hatha and Vinyasa Flow, focusing on deepening the connection between mind, body, and breath. "I hope to bring together yogs of all abilities," she said.

On Sunday, July 1, at 5 p.m., there will be poetry readings by Paige Ackerson-Kiely and Kerrin McCadden.

A Gilford High School graduate, Ackerson-Kiely is the associate director of the MFA Writing Program at Sarah Lawrence and the author, most recently, of *My Love is a Dead Arctic*

Explorer. She'll read from her new collection, *Dolefully, A Rampart Stands*, forthcoming from Penguin.

McCadden is the author of *Landscape with Plywood Silhouettes* and the winner of the 2015 Vermont Book Award. She teaches English at Montpelier High School.

There will be talk with slideshow by fitness guru Kule Poland on Friday, July 13, at 7:30 p.m.

A Laconia-based yoga instructor, exercise guru and hillbilly endurance athlete, Poland is also the progenitor of a new philosophy of physical fitness. "Cleetus Fit" eschews the gymnasium and sees practitioners hoisting large rocks, mud wrestling with cows, and sipping Pabst Blue Ribbon while seated in the Lotus position. Come listen to Poland reveal Cleetus secrets and find out why 30 to 50 people show up each time he leads a yoga class atop Gunstock Mountain.

The next talk/slideshow, on Friday, July 20, at 7:30 p.m., will be "Remembering Rudi Blesh." No other Gilmanton resident will ever be as hep as Rudi Blesh

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