

## "Milk Is Cool" Poetry Contest Winner From Gilmanton



**Amy Gardner**

Sixth grader, Amy Gardner of Gilmanton School proved with paper and ink that **MILK** is a cool choice! Amy participated in a state-wide poetry contest sponsored by New Hampshire's Dairy Farmers and placed first in the 6th grade category.

For her imagination and creativity as a first place

individual she will receive an ice cream maker and will be joined by her classmates for a Cheese Pizza Party sponsored by local dairy farmers.

Several hundred students submitted poems highlighting why milk is cool. All student-poets will receive a participants button and those receiving an honorable mention will be recognized with a certificate and "cool cow" sweatshirt. Each participating school will receive a poetry book for their library entitled, "As Does New Hampshire" by May Sarton. Through Granite State Dairy Promotion, Inc., New Hampshire's dairy farmers are doing their part to inform children of the importance of including milk and dairy foods in their diet and reinforce to all ages that you never outgrow your need for

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natural calcium. Amy's poem follows:

### Grade 6 Winner **MILK IS COOL**

It sits in your cup, so fresh  
and white,

Clear and cool, and clean  
and light.

It really tastes good, and  
just think

It's the healthiest thing  
you can drink.

Milk is cool.

Drink it with breakfast,  
lunch, or a snack

In calcium and vitamins it  
does not lack,

So fill your glass right up  
to the brim

Milk's good for every tooth  
and limb.

Milk is cool.

Amy Gardner  
Gilmanton School